Intensive Residential Treatment Services (IRTS) and Adult Residential Crisis Stabilization Services (RCS)
Intensive Residential Treatment Services (IRTS)

People Incorporated is a licensed, Rule 36, IRTS provider regulated through the Minnesota Department of Human Services (DHS). This program integrates mental health, medical, and substance use care in an inpatient, 24-hour, supervised setting for up to 90 days. A step below hospitalization in our community-based system of care, these services help individuals, 18 years of age or older, who need a high level of treatment and assistance.

Who we serve
IRTS admission criteria includes but isn’t limited to: having significant impairment in three areas of functioning based on a completed functional assessment, needing 24-hour supervised, monitored care to improve functioning, and one or more of the following: history of two or more inpatient hospitalizations in one year, significant independent living instability, homelessness, and frequent use of outpatient mental health services with poor outcomes. Services are billed to Medical Assistance or a private health insurance plan. If your coverage does not include intensive residential treatment services, the cost of treatment may be covered by your county of residence.

Integrated care for co-occurring diagnoses
Services are designed to help enhance psychiatric stability, personal and emotional adjustment, self-sufficiency, and independent living skills for individuals who often have co-occurring mental health and substance use diagnoses. We are dedicated to helping people set goals toward independence and lifelong wellness and we customize treatment using a person-centered approach. Once clients meet IRTS discharge criteria, they can receive referrals to other People Incorporated programs including supportive residential living and other outpatient treatment to meet them where they are at in their recovery journey.

Locations

Eighth Street Residence: 8-bed residence for individuals across the gender spectrum located in Coon Rapids

Chicago Avenue: 15-bed residence (single occupancy) for individuals across the gender spectrum located in South Minneapolis

Anchorage House: 13-bed residence for individuals identifying as female in St. Paul

Maghakian Place: 16-bed residence for individuals identifying as male and located in St. Paul

Riverwind Residence: 8-bed residence for individuals across the gender spectrum and located in Coon Rapids

Muss: 16-bed residence for c/o gender male and individuals identifying as male located in South Minneapolis

Eighth Street Residence: 8-bed residence for individuals identifying as male and located in St. Paul

Diane Ahrens Residence: 16-bed residence for individuals across the gender spectrum located in eastern St. Paul neighborhood

Nancy Page Residence: 26-bed residence for individuals across the gender spectrum in a converted Victorian mansion in Minneapolis’ Loring Park

Steiner Kelting Mental Wellness: 12-bed residence for individuals across the gender spectrum with views of Lake Bavaria in Chaska

Adult Residential Crisis Stabilization Services (RCS)

About our crisis programming
People Incorporated is a residential crisis stabilization (RCS) provider regulated through the Minnesota Department of Human Services (DHS). In 1993, we opened the first crisis residence in Minnesota. This program integrates mental health, medical, and substance use care in an inpatient, 24-hour, supervised setting for up to 10 days. These services help individuals who are experiencing a mental health crisis or emergency.

Hybrid model of care
Crisis clients who need extended residential care face the added stress of identifying bed availability at another location if requiring extended treatment, requiring them to pack, relocate, and become familiar with new staff and therapists. This can create anxiety and trauma. Allowing the client to remain in their current surroundings is less disruptive and provides an added level of comfort, safety, and security. People Incorporated introduced this hybrid model in September 2021 with the Steiner Kelting Mental Wellness facility in Chaska. It has proven to be successful and engaging for clients, and the decision to offer this hybrid model throughout our system of care includes the Nancy Page Residence in Minneapolis and at the Diane Ahrens Residence in St. Paul.

Who we serve
We serve adults 18 years of age or older experiencing a mental health crisis. Services are billed to Medical Assistance or a private health insurance plan. If your coverage does not include residential crisis services, the cost of treatment may be covered by your county of residence.

Goals
People Incorporated is dedicated to helping individuals set goals toward independence and lifelong wellness with customized treatment. We help individuals manage their immediate mental health needs, develop a crisis prevention plan, learn new coping skills, and recognize symptoms earlier. An important goal of crisis stabilization services is the development of a discharge plan, including referrals to other People Incorporated services to meet individuals where they are at in their recovery journey.

Locations

Diane Ahrens Residence: 16-bed residence for individuals across the gender spectrum located in eastern St. Paul neighborhood

Nancy Page Residence: 26-bed residence for individuals across the gender spectrum in a converted Victorian mansion in Minneapolis’ Loring Park

Steiner Kelting Mental Wellness: 12-bed residence for individuals across the gender spectrum with views of Lake Bavaria in Chaska